

Why Believers Should Not Worry

Matthew 6:25-34

Introduction:

- To not worry
 1. Does NOT mean to be unc_____.
 2. Means to not fixate on a f_____ possibility that you can do nothing about.
- Believers may diminish the seriousness of worry and think of it as minor. But we must call worry what Jesus calls it.

All worry is f_____ less (25,26)

- The verse begins with “Therefore” or “Because of this” and is pointing back to verse 24 – you cannot serve God and money. How does this connect to the command of not worrying?
 1. Those who become a s_____ to money are the ones who worry about material things.
 2. Those who put money under God’s c_____ have no need to worry.
- The command is better translated as s_____ worrying - the disciples were worrying about food and clothing.
 1. Food – the food supply could not keep up with the d_____ of the population.
 2. Clothing – the common Jew had only one i_____ garment and one or two o_____ garments.
- Verse 25 asks a rhetorical question - - *Is not life more than food and the body more than clothing?*
 1. If a person only existed for food and clothing, it would be a f_____ existence.
 2. We are God’s c_____ (He is our heavenly Father).
 3. Since God takes care of the b_____, how much more will He take care of His children (v. 26).
- Therefore, all worry is foolish.

All worry is f_____ less (27,34)

- What worry cannot do
 1. It cannot add l_____ to your lifespan
 - a. Translations are divided over whether Jesus meant adding time to your life or inches to your height; both are possible translations. I think people would be most concerned with how long they live, not how tall they are.

b. Medical research shows that worry can s_____ your life.

2. It cannot c_____ tomorrow in a positive way.

● Since worry cannot do the above, all worry is fruitless.

All worry is f_____ less (28-32)

● Clothing gives people d_____

1. One can s_____ without clothing

2. To be stripped of your clothing would put you in s_____

● Jesus points to the lilies of the field as a reason not to worry about clothing (28)

1. The lilies of the field were the w_____ flowers that flourished in the promised land (many think that it was the Spanish marigold which is a brilliant blue, rose, purple, red, or white flower)

a. These flowers do not t_____ (they do not work, unlike birds)

b. These flowers do not s_____ (they do not make their clothing)

c. God is the one who d_____ them.

d. Their brilliance surpasses the brilliance of the royal clothing of the richest king – S_____.

2. The wild flowers only lasted for a s_____ and then were mown down and used as f_____ to heat up a furnace (used to bake bread or fire pottery) – (29)

3. We (God's children) have a h_____ purpose than wild flowers – He left us on earth to serve Him (24, 30).

● Jesus describes the state of worry as having l_____ faith (30)

1. Worry and faith are opposites. You cannot worry and t_____ God at the same time.

2. What separates us from the unbelieving world? – f_____ (i.e. a dependence upon God – v. 32).

3. So verse 31 is a command to never s_____ worrying – this way we will live in faithfulness as we serve God!

Questions for family discussion:

1. Name some things you have worried about in the past.

2. How did worry help you? How did it harm you?

3. Why should we trust God to provide for our needs?

4. When worry creeps in, remember whom you serve!