

How To Become Worry-Free

Matthew 6:33

Introduction:

- Last week we learned to call worry what Jesus calls it.

1. It is f_____
2. It is f_____
3. It is f_____

- Today we are going to learn how to conquer worry.

God's promise concerning your "lower" needs – His action

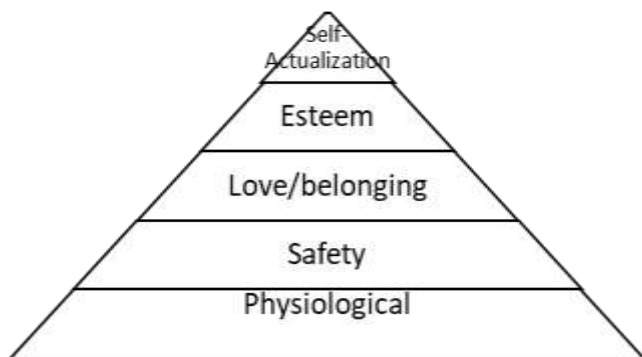
...all these things will be added to you

- What are "these things"? – the physical needs of f_____ and c_____.

1. This is a promise only to those who seek God's kingdom f_____.
 - a. This DOES NOT mean that God will NOT provide your physical needs if you don't seek His kingdom first.
 - b. This DOES mean that God is o_____ to provide your needs if you seek His kingdom first.
 - c. This DOES NOT mean that God will NOT provide for the physical needs of unbelievers (God causes the r_____ to fall on both the righteous and unrighteous – Matt 5:45)
 - d. This DOES mean that God is NOT o_____ to supply the needs of unbelievers.
2. These are the lower needs

- What is the highest need?

1. Abraham Maslow published his research on human motivation and came up with a hierarchy of needs



2. The Bible gives a different answer to the highest need mankind has - a loving p_____ relationship with God through Jesus Christ (Rom 3:23; 6:23)
 - a. The “lower” needs are NOT required to be met before a person will come to Christ.
 - b. Believers who seek God’s kingdom first are not promised a_____ but sufficient resources to meet their needs.
- Sometimes believers define for God what they need but are mistaken; for example if you experience ill-health is your need to be healed?
 1. Sometimes ill-health is inflicted by s_____ and so the real need is to stop hurting yourself.
 2. Sometimes ill-health is inflicted by G_____ and so the real need is to repent (1Cor 11:29-32).
 3. Sometimes ill-health is to demonstrate God’s _____ (e.g. John 9) and so the real need is to be God’s testimony.
 4. We must let God define our real need and trust Him to provide for our “lower” needs as we seek His kingdom first.

Your priority concerning people’s highest needs – your action

But seek first His kingdom and His righteousness

- The first word (But) contrasts the l_____ of unbelievers to that of believers.
 1. This does not mean that believers should never seek food or clothing. It means that this should never be our p_____.
 2. Our priority is to s_____ His kingdom and His righteousness.
- Seeking God’s kingdom
 1. A kingdom is the realm over which a king reigns
 - a. S_____ reigns over the unbelieving world (2Cor 4:4)
 - b. G_____ reigns over the believing world (Col 1:13), the church.
 2. We are to focus on activities which build up the people of God. A believer’s highest need is spiritual g_____ (Eph 4:16; 1 Pet 2:2; James 1:2-4).
 - a. P_____ for God to move in one another’s lives (the church does not belong to us, we belong to the church and so we belong to one another – Rom 12:5)

b. Allow God to use you to help a person g_____ a little more (Heb 10:24,25) – e.g. a positive word – Eph 4:29; a meaningful hug (Rom 16:16); a loving correction (Gal 6:1), a helping hand (physical or financial).

● Seeking God's righteousness

1. Believers already h_____ God's righteousness (2Cor 5:21)
2. We are to seek His righteousness for unbelievers (in other words, we are to work to bring people to salvation in Christ)
 - a. By p_____ for the lost (Rom 10:1)
 - b. By grabbing o_____ to connect the lost with the gospel
 - 1) G_____ to missions (Matt 28:18-20)
 - 2) W_____ to an unbeliever
 - a) By our words – seek opportunities to share your t_____ and to share truths about who Jesus is and what He has done (1Pet 3:15)
 - b) By our actions – seek opportunities to do g_____ to an unbeliever (Matt 5:16).

Conclusion - How can you become worry-free?

- Make God's activity of g_____ believers spiritually your priority (prayer and interaction)
- Make God's activity of saving unbelievers your priority (prayer and interaction)
- When we make it all about Him, it will never be about us, and so we will never worry!